

FOR IMMEDIATE RELEASE  
August 9, 2010

**Reaching for Better Leadership Qualities?  
Take This Quiz on Executive Coaching!**

*Register for a complimentary 30-minute telephone session  
with Executive Coach Lenann McGookey Gardner*

*Albuquerque, NM* – Business executives challenged by stalled growth who want to move their careers forward, and those who need greater work/life balance or an impartial mentor, can get an insightful assessment at the new [www.YouCanLeadCoaching.com](http://www.YouCanLeadCoaching.com) website.

The YouCanLeadCoaching online assessment provides information on how to get a mentor, stand out for promotion, change behavior for enhanced work/life balance, improve communication skills with high-powered people, deal with politics in business, and much more.

Executive Coach Lenann McGookey Gardner has worked with hundreds of professionals, including scientists, engineers, consultants, accountants, attorneys, entrepreneurs, and hospitality industry leaders, to hone new skills and generate millions of dollars in new business. She is a management consultant and trusted advisor who provides fresh ideas for moving executives and their teams forward with professional coaching in leadership, sales, communication, and marketing skills.

“I spent 20 years as an executive in corporations, 18 years as a consultant to companies worldwide, and have been an Executive Coach for over a decade,” says Gardner. “In all that time, I’ve observed what works and what doesn’t. I’ve experienced major successes and major mistakes, and observed what follows from both. I offer encouraging support as well as the benefit of all that experience, and can give ideas as to how other professionals have dealt successfully with many, many challenging situations.”

Those who send a message to Gardner through the [YouCanLeadCoaching.com](http://YouCanLeadCoaching.com) Contact Page can get a free 30-minute telephone session with her to determine if an Executive Coach could help their individual situation.

As a corporate executive, Lenann McGookey Gardner rose from an Associate Marketing Representative of a Fortune 100 company – where she was #1 sales rep worldwide in her first year selling – to Vice President of a major diversified corporation, mentoring and developing hundreds of subordinates along the way. She holds an MBA from Harvard Business School.

In addition to her successful career as a management consultant, she is the author of *Got Sales? The Complete Guide to Today's Proven Methods for Selling Services*, an update on research into what's working now in selling, which has helped professionals, most with advanced degrees, to develop powerful business relationships. The book was nominated for the Axiom Business Book Award as the best sales book of the year.

For more information, visit [www.YouCanLeadCoaching.com](http://www.YouCanLeadCoaching.com).

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